

Approved Food List

Diet A — Whole Fish Raw Diet

- Wild raw fatty fish such as herring, mackerel, trout, salmon, smelt, or sardines [whole and uncleaned].
- Ideally you should feed small fishes of a pound or less. Usual consumption is 1½ to 2 pounds per day. The fish can be eaten frozen or thawed, whole or ground.

Diet B — Commercial Raw Diet

- Red Dog Blue Kat - herring or salmon formulas
- Most commercial oily fish based raw formulas similar to above

Diet C — Homemade Diet

A minimum of two fish units AND a minimum of two yolk-bread units per day:

Fish Units

Regular sardines in spring water (106 g / 3¾ oz)	1 can	105 g	3 ¾ oz
S&F Portuguese Sardines in water (120 g / 4½ oz)	1 can	120 g	4 ½ oz
Sockeye salmon (213 g / 7½ oz)	1/3 can	70 g	2 ½ oz
Wild pink pacific salmon (213 g / 7½ oz)	1/2 can	105 g	3 ¾ oz
Wild pink pacific salmon (418 g / 14¾ oz)	1/4 can	105 g	3 ¾ oz
Jack Mackerel from Chile or Peru (425 g / 15 oz)	1/4 can	105 g	3 ¾ oz

Yolk-Bread Units (it is important to maintain the yolk to bread ratio)

1 to 2 raw yolks	AND	1 slice pumpernickel bread
1 to 2 raw yolks	AND	2 slices sourdough bread
1 to 2 raw yolks	AND	2 slices rye bread with bacterial culture or sourdough

Sample Homemade Diets

The following examples are not meant to be definitive as metabolism and other factors such as level of exercise and ambient temperature all play a part in the dietary needs of a dog.

Sample Diet for 2-Year-Old 120 lb. Newfoundland 3 Fish Units and 12 Yolk-Bread Units Per Day

Morning

- ½ can (213 g) sockeye salmon (1½ fish units)
- 6 slices pumpernickel (6 bread units)
- 6 raw egg yolks (6 yolk units)
- 1 large dog biscuit for teeth and gums

Evening

- ½ can (213 g) sockeye salmon (1½ fish units)
- 6 slices pumpernickel (6 bread units)
- 6 raw egg yolks (6 yolk units)
- 1 large dog biscuit for teeth and gums

Sample Diet for 9-Year-Old 130 lb. Newfoundland 3 Fish Units and 4 Yolk-Bread Units Per Day

Morning

- 1 large dog biscuit for teeth and gums

Evening

- 1 can (213 g) sockeye salmon (3 fish units)
- 4 slices pumpernickel (4 bread units)
- 8 raw egg yolks (4 yolk units)
- Double-dose of curcumin capsules
- 1 large dog biscuit for teeth and gums

Diet D — Semi-moist Diet

The semi-moist diet is based on commercial dog food rolls.

- Rollover Super Premium Wild Pacific Salmon Dog Food
- Any of the Rollover Premium Dog Food AND a minimum of two fish units daily
- Any of the Natural Balance Dog Food Rolls AND a minimum of two fish units daily

Fish Units

Regular sardines in spring water (106 g / 3¾ oz)	1 can	105 g	3 ¾ oz
S&F Portuguese Sardines in water (120 g / 4½ oz)	1 can	120 g	4 ½ oz
Sockeye salmon (213 g / 7½ oz)	1/3 can	70 g	2 ½ oz
Wild pink pacific salmon (213 g / 7½ oz)	1/2 can	105 g	3 ¾ oz
Wild pink pacific salmon (418 g / 14¾ oz)	1/4 can	105 g	3 ¾ oz
Jack Mackerel from Chile or Peru (425 g / 15 oz)	1/4 can	105 g	3 ¾ oz

Sample Semi-Moist Diet

The following example is not meant to be definitive as metabolism and other factors such as level of exercise and ambient temperature all play a part in the dietary needs of a dog.

Sample Diet for 12-Year-Old 105 lb. Newfoundland

Morning

Two 1" slices of Rollover Chicken Dog Food from 2 kg roll
1 can (106 g) sardines in spring water (1 fish unit)
Two 500 mg krill oil capsules
1 DentaStix for teeth and gums

Evening

One 1" slices of Rollover Chicken Dog Food from 2 kg roll
1 can (106 g) sardines in spring water (1 fish unit)
Two 500 mg krill oil capsules
1 DentaStix for teeth and gums

Note

The sliced dog food is normally cut into four or more pieces. The pieces can be fed from a bowl, or for elderly or infirm, by hand. If feeding by hand, it can be done throughout the day instead of just at meal times.

Rolled dog food is sold in a variety of sizes. It is recommended you pay close attention to the difference in weight and calories per inch for each product. A 1-inch slice of an 800 g roll is not equal to a 2-inch slice of a 400 g roll.

Diet E — Kibble & Raw Combination Diet

Whole Fish Raw Diet (Diet A) or Commercial Raw Diet (Diet B) for one meal AND kibble (Orijen Six Fish or Acana Pacifica) as the other daily meal.

Diet F — Kibble & Fish Combination Diet

Orijen Six Fish or Acana Pacifica AND a minimum of two fish units per day:

Fish Units

Regular sardines in spring water (106 g / 3¾ oz)	1 can	105 g	3 ¾ oz
S&F Portuguese Sardines in water (120 g / 4½ oz)	1 can	120 g	4 ½ oz
Sockeye salmon (213 g / 7½ oz)	1/3 can	70 g	2 ½ oz
Wild pink pacific salmon (213 g / 7½ oz)	1/2 can	105 g	3 ¾ oz
Wild pink pacific salmon (418 g / 14¾ oz)	1/4 can	105 g	3 ¾ oz
Jack Mackerel from Chile or Peru (425 g / 15 oz)	1/4 can	105 g	3 ¾ oz

Supplements

If you choose to supplement a pup under five months, please check with the breeder first.

Sockeye Salmon Oil

Sockeye salmon oil is for prevention of cancer, for prevention/easing of arthritis, for extra omega-3. Usual dosage for sockeye salmon oil is 1000 mg for every 20 lbs. of body weight to a maximum of six capsules daily. If canned sockeye is part of the regular diet, then this supplement is not needed.

Krill Oil

Krill oil is an alternative to sockeye salmon oil for Newfs that have a digestive sensitivity to high doses of sockeye salmon oil. An adult Newf should get 1000 mg to 2000 mg daily of krill oil.

Turmeric/Curcumin

Turmeric or its active component, curcumin, is for prevention of cancer, for prevention/easing of arthritis, and as a liver protectant.

A turmeric/curcumin capsule that has high bioavailability is essential. Contact breeders for brands that have been successfully tested on our Newfs. Dosage for young dogs for prevention should be the recommended dose for adult humans. For senior Newf (eight years and over) or for dogs that show signs of arthritis, the dose should be doubled.

Alternatively, a turmeric paste for dogs can be used; recipes can be found on the Internet OR you can use a turmeric tea such as the one made by Celebration Herbals.

General Notes

Normally, a Newf would be fed twice a day but some prefer once a day and others may like a small and large meal daily.

Canned fish should be fed with the liquid. Canned fish usually has the final cooking in the can and most of the nutrients that are cooked out of the flesh go into the liquid. However, some Newfs don't tolerate the high sodium, especially in the store brands of salmon. Often just draining the liquid will suffice; otherwise a low-sodium alternative should be used like Brunswick Sardines in Spring Water.

Ideally pups under five months of age should remain on the diet they were weaned on.

Raw egg yolks can be mixed in or top dressed on kibble as a supplement which would provide a raw element to the diet and the all-important digestive enzymes that are destroyed by cooking.

For senior Newfoundlands (eight years and over) a kibble-free diet (to prevent bloat) is strongly recommended along with supplementation with sockeye salmon oil and turmeric.

After each meal, your Newf should be given a large dog biscuit or DentaStix for good oral health. Large dog biscuits usually have 100 – 130 calories (equivalent to ¼ cup of kibble), and this should be factored into their diet.

Feeding foods other than those listed above, except for normal dog treats such as dog biscuits, or the odd table scrap, or minor amounts of taste enhancers, to a Hannibal Newf will normally void both the soundness and the longevity guarantees. Receipts or best by stamps or other proof of feed used may be requested if claiming on either one of these guarantees. The temperament guarantee is not affected by food fed. If there should be a problem with the recommended foods or you have an alternate preference, please consult the breeders for other acceptable options.